

**HARNETT HEALTH
BETSY JOHNSON HOSPITAL**

Aquatic-Exercise Program

**RULES, REGULATIONS
AND CONDITIONS OF USE**

Authorized Participation; Informed Consent. Only individuals complying with these Rules, Regulations and Conditions of Use shall be authorized to participate in the Harnett Health Betsy Johnson Aquatic-Exercise program (the "Program"). Each individual participation in the Program ("Participant") must sign an Informed Consent and Release Agreement and receive orientation prior to commencement of the Program.

Physician's Consent. Each individual desiring to participate in the Program must obtain prior consent from the individual's treating physician. A participant will not be able to attend the orientation or participate in the Program without such consent.

Violations of Rules and Regulations. A Participant's rights to participate in the Program may be revoked for reasons of breaking the Program's regulations or due to generally undesirable behavior. Determinations regarding revocation shall be left in the sole discretion of the management of Harnett Health Betsy Johnson.

Changes. Facilities, equipment, hours, Services and these Rules, Regulations and Conditions of Use are subject to change, without notice, at the sole discretion of the management of Harnett Health Betsy Johnson, and each Participant agrees to accept such changes.

Instructors and Programs. Participants will be provided with general guidance through the Program by instructors and other staff made available. Participation in the Aquatic Exercise Program and Consultation with any instructor or staff member is strictly at each Participant's sole risk. The Program is not designed to provide one-on-one assistance to Participants.

Fees. Participants shall be solely responsible for payment for participating in the Program. Fees are not refundable.

Lockers and Supplies. Lockers will be available for use during the Participants' use of the Program's facility and are not intended for long-term storage of belongings. Participants are to provide their own locks and any locks left after hours will be removed. Participants should bring their own towels, toiletry items and blow dryers. Water shoes are required while participating in pool exercises.

Hours of Operation. Participants are not permitted to make any authorized or unauthorized use of the Program's Facilities without the guidance and supervision of an instructor or other staff member of Harnett Health Betsy Johnson. Harnett Health Betsy Johnson has the full discretion to change the days and hours of the Facility and Program without advance notice to the participant. New classes will be added as waiting lists and instructor's schedules permit.

Informed Consent. Each participant must complete the Informed Consent and Release from Liability form and receive orientation on the use of the facility's aquatic equipment.

Missed Sessions. If an instructor is unable to hold classes secondary to illness, every effort will be made to replace the instructor for that class or the class will be rescheduled. If a participant is unable to attend a scheduled class he/she will be able to make up the missed session within the same month. All make up times must be approved by the instructor.

I, _____, have read and agreed to abide by the
Print name
above rules and regulations.

Participant's Signature _____ Date _____

Witness's Signature _____ Date _____